# Brighten Up Your Menu with our New Frittatas!

Get inspired by the return of the sun and impress everyone this season with our new colourful frittatas. Creamy and tasty, these egg based casseroles won't disappoint. Don't limit this dish to breakfast; it's a filling meal for all dayparts.





Spinach & Sweet Potato Frittata

**Product Code** 0039

Case Pack 3 x 1.42 kg pan Portions 45 x 95 g

Ham, Spinach & Mozzarella Frittata

**Product Code** 0036

Case Pack 3 x 1.42 kg pan Portions 45 x 95 g

#### Features and Benefits:

- Prepared with whole eggs and cream
- 9.5 g protein per serving
- Below 300 mg sodium per serving
- Low potassium
- Gluten free

- Portioning of the pan: 3 x 5
- Easy to eat with a fork or spoon
- Tested in Burlodge and convection oven equipment
- Versatile menu option for all dayparts
  - Serve it with a fruit salad at breakfast
  - o Combine it with a soup & salad at lunch
  - o Pair it with roasted vegetables at dinner

Simply GOOD Breakfast, Lunch or Dinner!

For more information, contact your sales representative.



## (hicken and (horizo Jambalaya

**Product Code** 2286

Case Pack 2 x 2.5 kg bag

**Portions** 41 x 120 g

Flavourful chorizo sausage, tender and juicy chicken thighs, savory aromatic vegetables and rice all cooked together to make this Creole-inspired casserole. Super tasty and satisfying, this affordable dish will add a modern twist to your menu!



### Features and Benefits:

- Authentic creole flavours
  - Low sodium Allergen free
- Low fat
- Affordable

Burlodge tested

(tray systems)

#### Per serving,

• 16 g protein & 1.4 g fibre (6% D.V.)

## Quinoa Pilaf

**Product Code 0387** 

Case Pack 3 x 2.0 kg bag

**Portions** 66 x 90 g

Make your patients and residents discover this gluten free grain. Our perfectly seasoned quinoa provides an interesting option to boost soluble fibre and complete protein intake making it a nutritious side dish option. Enjoy it warm or cold!



### Features and Benefits:

- Complete protein option
- Burlodge tested (tray systems)
- Low sodium
- Allergen free
- Low fat
- Low potassium

#### Per serving,

• 2.6 g protein & 2.5 g fibre (10% D.V.)

For more information, contact your sales representative.

